

S2LEC

Series II - Leg Extension and Leg Curl

Body-Solid®
Built for Life

Body-Solid
ProClubLine
SERIES II



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The leg extension is a vital movement in strengthening your quads and patellar ligament giving your knee added stability.

The leg curl trains the often-neglected hamstrings protecting you from injury, increasing leg strength, greater flexibility and relief from back pain.

Strengthen your quadriceps muscles with the leg extension exercise and work your glutes and hamstring muscles with the leg curl. The transition between the two movements is simple and easy, allowing you maximum time for your workout.

Dimensions: 54" L x 51.5" W x 57" H

Weight: 347 lbs.

Special Features

- Performs two most important leg exercise from one comfortable position
- Strengthen quads, glutes, hamstrings
- Transition between movements simple and easy

Warranty



Frame.....Lifetime
 Bushings and Hardware.....3 Years
 Pad, Rollers and Grips.....1 Year



Frame & Welds.....Lifetime
 Bushings and Hardware.....Lifetime
 Pad, Rollers and Grips.....Lifetime