

SFID425

Full Commercial Adjustable Bench

Body-Solid®
Built for Life

Body-Solid®
ProClub Line



Dimensions: 66.4" L x 25.1" W x 18" H
Weight: 90 lbs.

SFID425

Full Commercial Adjustable Bench

Just like the popular Body-Solid SFID325 Adjustable Bench, the SFID425 features thick, durable padding and multiple independent back/seat adjustments. The seat pad can be adjusted to flat, 10, and 18 degrees; while the bench offers seven separate adjustments including flat, 15, 30, 45, 60 and 80 degrees as well as a -18 degree decline.

The SFID425 also features a wide seat and leg hold down which allows the user to lock their legs in place for several movements include decline bench press, decline dumbbell press, sit-ups, ball toss sit-ups and more.

The back and seat pads pivot on sealed bearings providing unsurpassed durability and quality. Oversized wheels with a front transport handle offer easy transportation and movement.

Use with dumbbells, or combine with a smith machine, squat rack or power rack, the SFID425 is the essential bench for any facility.



Special Features

- Fully Commercial Rated
- 1,000 lb weight capacity
- Sealed bearing and independent back & seat adjustments
- Leg hold down to perform decline presses, sit-ups and more
- Oversized wheels for easy transportation
- Matte black paint is scratch resistant and offers design versatility

Warranty



Frame & Welds.....Lifetime
Bushings and Hardware.....3 Years
Upholstery and Grips.....1 Year

Frame & Welds.....Lifetime
Bushings and Hardware.....Lifetime
Pad, Rollers and Grips.....Lifetime