

Sogno is the Italian word for *dream*. The **Inada Sogno** is a full-body massage machine which came out of a four-year, \$50 million dollar research and development program involving the most experienced engineers in the industry, an award-winning Japanese designer, seven universities, and 10 health institutions. The Sogno has five entirely new industry-first functions, including the Shugi (Therapist's Touch) / Shiatsu Pull-Kneading Neck Traction and Shoulder Unit, Full Arm Massage, Full-Body Stretch, DreamWave, and a special Youth Program for users age 14 and up.



Equipped with a revolutionary Neck and Shoulder Air Massage, the **Inada Sogno** reaches back around the neck and head to create neck traction and massage the shoulders from above, while 55 other body points are massaged by 101 air cells to deliver a gentle but thorough Shiatsu treatment.

The **Sogno** is designed to fit in naturally with your interior.





Design

With groundbreaking furniture on display at the Museum of Modern Art in New York, Centres Georges Pompidou in Paris, and Pinakothek der Moderne in Munich, it's no wonder that when Inada built a dream team to design a totally new massage experience, they turned to **Toshiyuki Kita**. With Kita's **Sogno**, Inada has created a physical and aesthetic masterpiece, without equal.





1 Shugi (Therapist's Touch)/Shiatsu Pull-Kneading Neck & Shoulder Air Massage

The Shiatsu Pull-Kneading Air System is the first function offered by the industry to combine neck and shoulder work. The system lifts up the neck from both sides, after which air pads embedded in the chair neck apply Shiatsu pressure straight down. This relieves stiffness from lack of exercise or staying too long in the same position.

2 Full Arm Massage Function

Provides the industry's first *full arm* air massage. Twenty air cells work on the upper arm, forearm and fingertips. Delivers thorough kneading from shoulder joint to fingertips. Experience a gentle kneading massage with your arms and shoulders wrapped in the movable unit, which adjusts laterally to your size.



3 Full Body Stretch Function

Stretches the body gently by bending the upper body backward, making you feel as if you were stretching from head to toe. Designed to target muscles that get little use in daily life.

4 DreamWave Function

New DreamWave Function mimics the actions of a professional massage therapist with a whole-body figure-eight pattern. The new side cushions apply pressure to the hips and work in tandem with air cells in the seat to give a swaying sensation.

5 Youth Program

This new program is for young people ages 14 and up, the second stage of growth. The reclining angle is automatically set to enable young people to ease stiffness and recover from the fatigue of modern life. This program gives a softer massage, creating a gentle sensation to reduce the stress on young people's bodies.

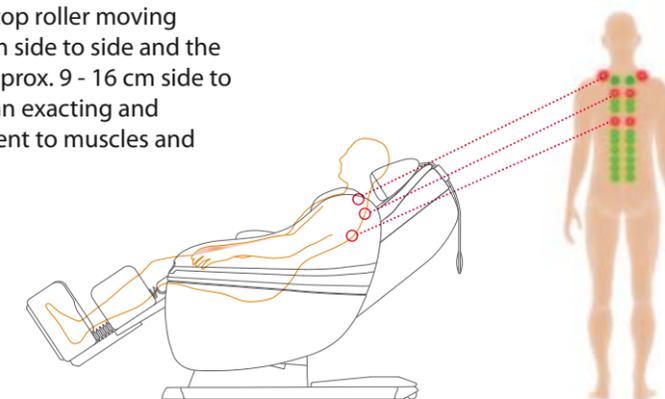
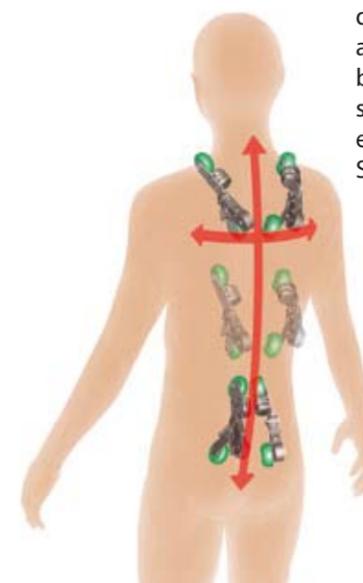


Healthcare Programs

A professional massage therapist uses his techniques not only on parts of the body showing symptoms, but searches for effective points to massage all over the body. **Inada Sogno's** Healthcare Programs function is the result of studying and incorporating this approach. Healthcare Programs can easily be activated from the front of the remote control.

Treatment range

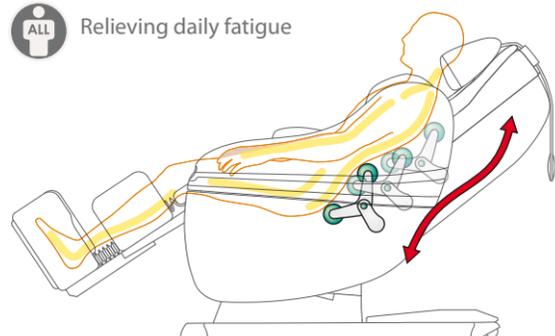
Rollers move approx. 72 cm up and down, with the top roller moving approx. 5 - 19 cm side to side and the bottom roller approx. 9 - 16 cm side to side, providing an exacting and effective treatment to muscles and Shiatsu points.



Infrared Shiatsu point locator

Though the location of Shiatsu points varies by body type, this feature uses an infrared sensor to automatically find them. Finding the Shiatsu points creates a more comfortable and effective massage.

ALL Relieving daily fatigue



1 Full Body (approx. 15 min.)

The basic program to relieve fatigue with a full body massage using rollers and air.

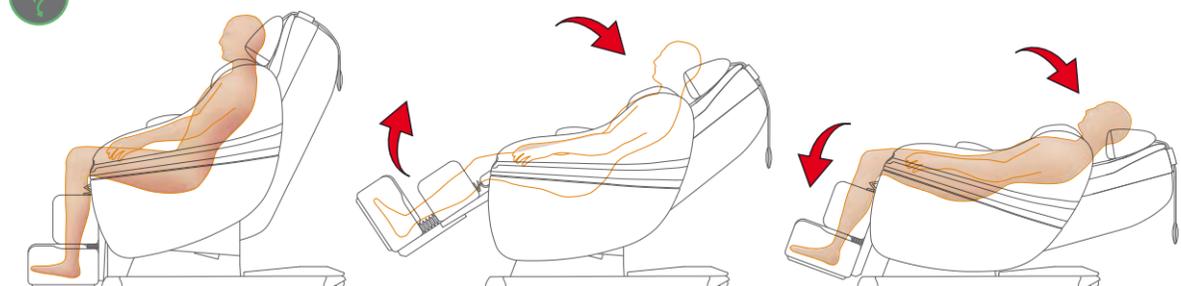
AIR For people who find a traditional massage uncomfortable



2 Full Body Air (approx. 15 min.)

A full-body massage using air and no rollers. This is recommended for the comfort of those who do not like mechanical massage.

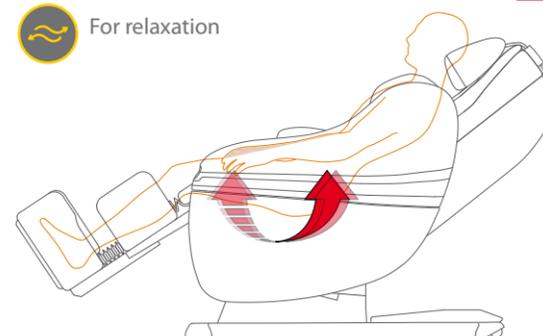
NEW To stretch without straining



3 Stretch (approx. 8 min.)

An industry first! This program stretches the spinal column with a full-body stretch function. Recommended for people wanting to feel refreshed.

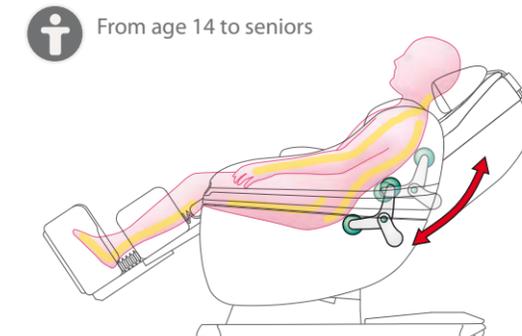
NEW For relaxation



4 DreamWave (approx. 15 min.)*1

This program is recommended for those who want to relax. Using this program after any massage function regulates muscle balance.

NEW From age 14 to seniors



5 Youth (approx. 8 min.)

This low-stimulus massage program eases muscle stiffness and relieves fatigue of young people living in modern times without putting strain on the body.

NEW For quick recovery from fatigue



6 Quick (approx. 8 min.)

This program provides a quick healing massage for those with little time in morning or evening and those who just want to take a few minutes to relax.

NEW Invigorating massage



7 Morning (approx. 15 min.)

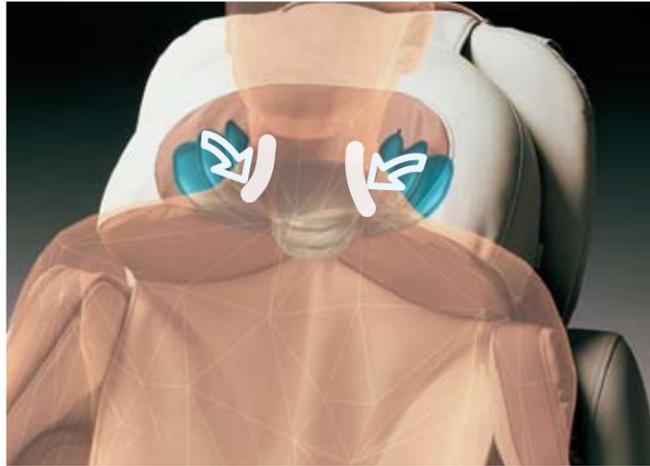
This program uses centripetal massage—a technique that moves toward the center. It is recommended for people who have difficulty waking up in the morning or remain groggy.

NEW To recover from the fatigue of the day

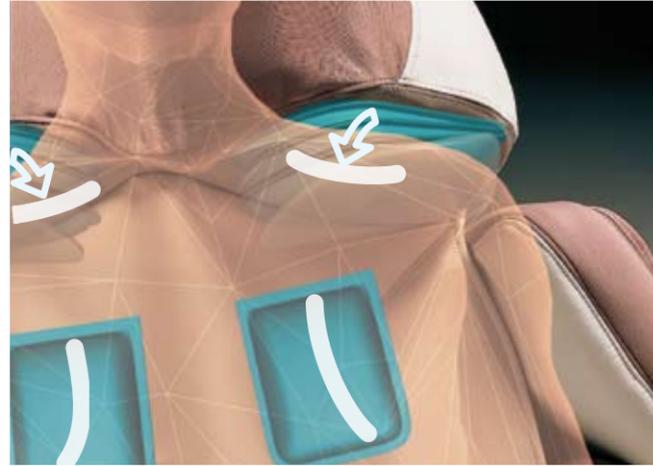


8 Night (approx. 15 min.)

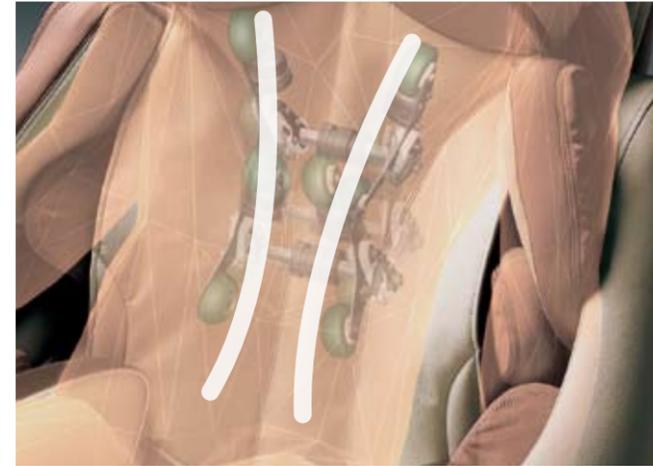
This program uses centrifugal massage—a technique that moves away from the center. It is recommended to ease the fatigue and tension of the day before sleeping.



Neck (Shiatsu, Pull and Knead)
Lifts up the neck from both sides to pull and knead neck muscles.



Shoulders (Variation Shiatsu)
Built-in pads just for the shoulders apply Shiatsu pressure straight down and additionally give Shiatsu to the back with firm air pressure, feeling just like hand kneading to the shoulders.



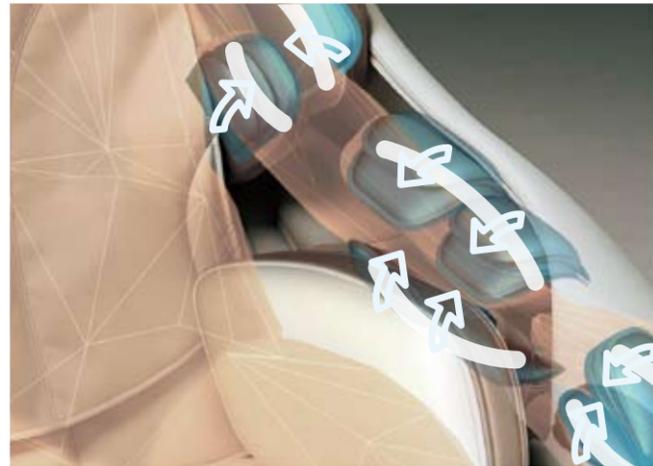
Back (roller massage)
With Inada's unique circular kneading functions like "Tapping/Rhythm Shiatsu" and "Hand Kneading/Double Kneading", we have come one step closer to a professional's technique.



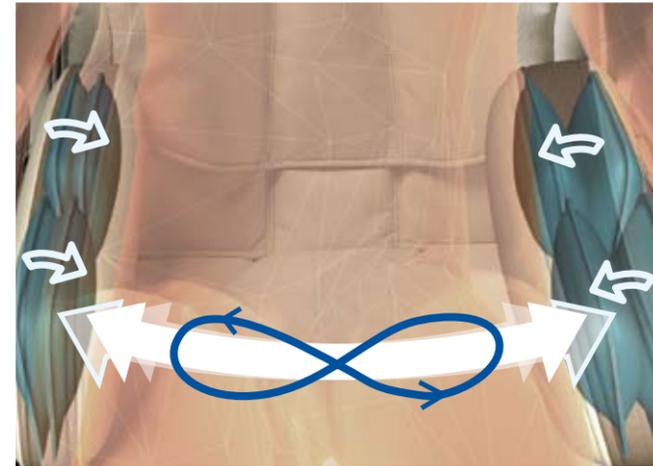
Side press (air Shiatsu)
Massages the pelvis from both sides of the buttocks, relieving the buttocks and thighs of fatigue.



Shoulders (Roller Massage)
With the shoulder pads raised, rollers provide a thorough massage.



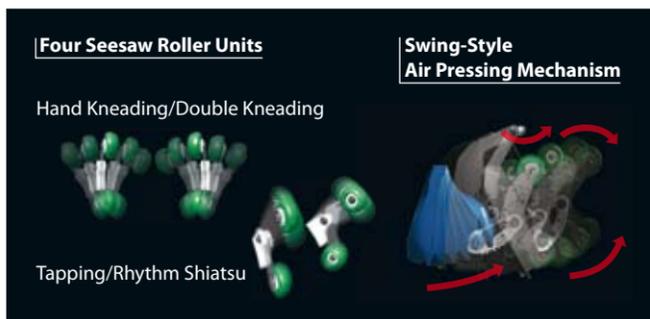
Arms (Full Arm Function)
Arm press units give a thorough massage from the upper arm to the fingertips. The arms feel refreshed and no longer fatigued.



Seat (air and vibration)
Air creates a swaying sensation to relax and massage, while vibration gives comfortable stimulation.



Lower back (rollers and air Shiatsu)
Air and rollers give a firm massage. The rollers reach extra low on the back for greater stimulation of this area.

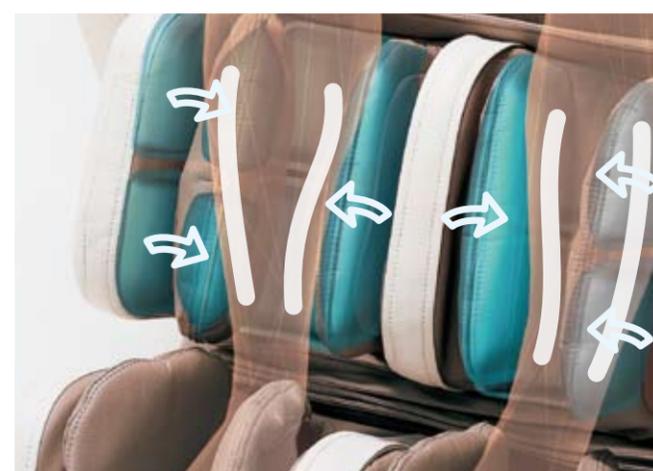


Four Seesaw Roller Units and Ultra-Slow System
These mechanisms were developed to give a comfortable and stimulating roller massage to Shiatsu points in muscles from the neck and shoulders to the lower back. Pressure against the rollers is distributed among four points, giving soft kneading without discomfort. With the "Ultra-Slow System" of leisurely kneading, the result rivals a professional's touch.

Swing-Style Air Pressing Mechanism
The use of air to press the rollers ensures a gentle and comfortable kneading, with rollers coming out as far as 7 cm to give a thorough massage to the back.

Heater
The heater enhances massage effectiveness and prevents chills in winter or in air conditioned rooms in the summer.

Head rest cover
This original cover keeps the head rest clean. It is easy to take off and can be laundered.

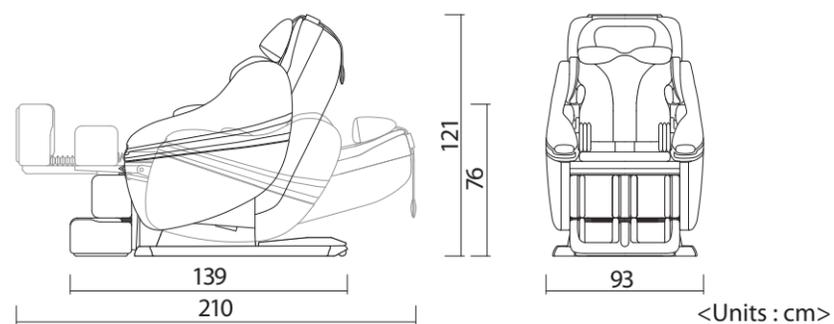


Calves (air Shiatsu)
Air cells give firm Shiatsu against the back and both sides of the calves. Especially recommended for people who feel leg fatigue after working standing up.



Feet (air Shiatsu)
Firm air Shiatsu for the soles, insteps and heels.

INADA SOGNO Specifications



Specifications

Name	INADA SOGNO
Power Supply	AC120V 60Hz (US), AC220-240V 50-60Hz (EU)
Rated Power Consumption	170W
Auto Timer	Approx. 15 minutes (varies in automatic programs)
Dimensions	Overall: Approx. 93 (97) cm wide × approx. 139 (210) cm deep × approx. 121 (76) cm high. Figures in parentheses represent dimensions when the seat back is fully reclined, with the leg rest flat and with armrests fully extended. <div style="border: 1px solid black; padding: 2px; width: fit-content;"> Main chair: 74 cm wide × 140 cm deep × 65 cm high Side cover: 26 cm wide × 88 cm deep × 71 cm high Leg rest: 46 cm wide × 42 cm deep × 44 cm high </div>
Weight	Total: approx. 115 kg [Main chair: 97 kg, leg rest: 18 kg]

- Accessories**
-  Shiatsu Pads for Shoulders :
Shiatsu Pads for Shoulders are available in light and strong types to suit your preference.
 -  Buffer Pad :
Adjust the intensity of the massage by switching between the thick and thin Buffer Pad that goes in the seat back.
- Other Functions**
-  Antibacterial/dirt resistant finish



Color variations

Stock no. :	IVE5	HDE5
Color :	Ivory	Slate

* Not pictured: Wine



The actual color of the chair may differ from the printed manual.
Information in this catalog is current as of September 2008.
To improve the product, specifications may be changed without notice.

⚠ SAFETY PRECAUTIONS

Be sure to read the Operating Manual thoroughly before using your INADA SOGNO for the first time.

* The following persons must not use this massage chair:
 ◎ Persons who have been instructed by a doctor to avoid massage therapy.
 Examples: Persons with thrombosis, severe aneurism, acute varicosity, dermatitis or infectious diseases of the skin (including inflammation of the hypodermis).
 ◎ Persons with acute neck sprain (whiplash injury)
 * Persons with any of the following conditions should seek medical advice before using the chair.
 ◎ Serious heart conditions ◎ Sensory impairment caused by serious peripheral circulatory disorders due to diabetes and other diseases ◎ Osteoporosis, spinal fractures, acute pain and/or symptoms thereof ◎ Persons having injuries to the parts of the body to be treated ◎ High fever (100°F or higher) (examples: strong acute inflammation symptoms such as fatigue, chills or blood pressure fluctuation). Any time you feel weak. ◎ Persons in the early unstable stages of pregnancy, or immediately after giving birth ◎ Persons who have implanted electronic medical device(s) easily susceptible to electromagnetic interference, e.g. pacemakers
 ◎ Abnormal or curved spine ◎ Persons planning to use the chair for parts of the body that have received or are currently receiving medical treatment ◎ Persons with malignant tumor(s) ◎ Persons under bed rest orders ◎ Persons with acute internal complaints or ailments such as gastritis, enteritis, or hepatitis ◎ Persons under a doctor's care, or those experiencing unusual physical discomfort ◎ Joint deformation due to rheumatism, gout, or other diseases ◎ Persons with symptoms such as dizziness, unsteadiness, or tinnitus ◎ Inflammation due to sprain or torn muscles ◎ Persons with tendonitis or suspected tendonitis
 * Elderly people and persons with weak bones, even if they have no particular disease, should seek medical advice before using the chair.
 * Children, persons unable to express their intentions, and physically disabled persons should not be allowed to use the chair. Do not allow children and pets to play around the chair (e.g. behind the reclining seat back and under the leg rest) or climb or sit on the chair. Children aged 14 years or over should use only the Youth Program. In such a case, an adult must attend the child.
 → Could result in accident or injury.

For safety, the rollers may stop operating if excessive force is applied during upper body massage. If this happens, come out from reclining position, or let your body slightly lift up from the chair, while using massage.

Inquiries



T. KITA
Design Toshiyuki KITA